

# Your BOTOX<sup>®</sup> Questions answered



For people who are concerned about frown lines between the eyebrows, crow's feet around the eyes and horizontal forehead wrinkles, BOTOX<sup>®</sup> presents a simple solution.

## WHAT IS BOTOX?

Botox is a diluted form botulinum toxin, a purified protein manufactured in a pharmaceutical laboratory. It acts by reducing the nerve stimulation to muscle and therefore induces relaxation. It is administered by a few tiny injections under the skin.

## HOW DOES IT WORK?

Botox works by relaxing wrinkle-causing muscles, allowing the wrinkles to relax away and leaving facial expression free of lines or at least significantly reduced.

## HOW LONG WILL IT LAST?

Botox will continue to prevent and reduce facial lines and wrinkles for three to four months but some times up to six months or longer. Following treatment, the results are not immediately apparent. It usually takes two days to begin to relax away lines – reaching its full action by one week.

## IS IT SAFE?

Cosmetic treatment with Botox is safe in that there are no major or harmful side effects. Botox is used to treat children as young as three years of age at much higher doses in the treatment for cerebral palsy to help them walk. Botox has been in medical use for the past 25 years to treat a variety of medical conditions.

## WHAT ARE THE SIDE EFFECTS?

Common side effects are restricted to minor and temporary redness, swelling or bruising at the injection site. Very rarely laziness of an eyelid or mild double vision is reported. These effects are temporary, lasting one to two weeks, and will occur if the injections are inappropriately placed. Recovery is spontaneously.

## WHICH LINES CAN I TREAT WITH BOTOX?

Botox is commonly used to treat the crow's feet around the eyes, the central frown lines between the eyebrows (glabellar lines) and the worry lines across the forehead. Botox represents the treatment of choice (best treatment) for these lines. The marionette lines, or sad lines, from the corner of the mouth to the chin are also very effectively treated with Botox.

## IS IT TRUE THAT BOTOX CAN BE USED TO STOP HEADACHES AND EXCESS SWEATING?

Yes. In many patients Botox has proven very effective in preventing both migraine and stress headaches. It also reduces armpit sweating by well over 90 percent for an average of eight to 10 months.

## WHAT SHOULD I DO TO PREPARE FOR A BOTOX INJECTION?

Avoid the use of aspirin, anti-inflammatory drugs or blood-thinning agents, unless they are medically required, for two weeks prior to treatment to minimise bruising. For women, avoid treatment premenstrually as the skin is more sensitive and tender at this time.

## CAN I HAVE BOTOX WHEN I AM PREGNANT OR BREASTFEEDING?

As with all non-essential medications, it should be avoided during pregnancy and breastfeeding.

## IS IT TRUE THAT BOTOX CAN BE USED TO PREVENT THE OCCURRENCE OF NEW LINES AND WRINKLES?

Yes. Because Botox relaxes the wrinkle-causing muscles, it prevents the recurrent skin creasing produced by these muscles and therefore can prevent the occurrence of new lines and wrinkles. It is a good preventative treatment

## I HAVE HEARD THAT BOTOX WILL PRODUCE A BLANK, EXPRESSIONLESS FACE. IS THIS TRUE?

No. Three important terms in Botox therapy are: 'character', 'natural' and 'youthful'. Character makes the face interesting, gives insight into the personality and is often very attractive. By artful placement of Botox, attractive character can be maintained. A natural appearance is achieved by preserving normal expression while relaxing unwanted lines. A youthful appearance is created by softening those features that reflect the aging process, such as the extension of crow's feet, forehead furrows and sagging brows. With careful placement, a talented and experienced Botox injector can achieve a youthful appearance on a patient while maintaining their natural expression with character.

## BOTOX PRICING

**Consultation Fee: \$75.00**

*The initial consultation fee is fully refundable if you choose to proceed with a treatment on the day of the consultation.*

<b>Area</b>	<b>Approx. Cost</b>	<b>Area Description</b>
<b>Area 1</b>		Forehead or Crows Feet or Glabellar <b>\$380.00</b>
<b>Area 1 + 2</b>		Forehead + Crows Feet (Both Sides) <b>\$640.00</b>
<b>Area 1 + 2 + 3</b>		Forehead, Crows Feet, Glabellar <b>\$790.00</b>

*The BeautyWell® cosmetic clinic has specialised and experienced Doctors on hand to meet your cosmetic beauty requirements.*

