



Microdermabrasion: Skin Management and Anti-Ageing.

“From the first treatment, you should notice a smoother skin texture and fewer prominent fine lines and wrinkles”

What is Microdermabrasion?

In its simplest form, microdermabrasion is a procedure where crystals, a diamond tipped treatment head, or some other form of abrasive material gently abrades, or exfoliates the surface of the skin. However, this simple explanation only tells half the story. The vast majority of professional ‘in-salon’ microdermabrasion equipment uses a vacuum to create the adhesion required between the skin and the exfoliation tool and this vacuum has two distinct and very important purposes.

Firstly, it gently ‘attaches’ the tool to the skin, allowing the therapist to achieve progressive skin resurfacing without pressure, while simultaneously vacuuming away any used crystals and skin debris into a sealed container.

Secondly, as we grow older our collagen, elastin and fibroblast production naturally slows down. Smoking, diet and a variety of other factors can exacerbate this condition.

Happily, this slowing down of production can decrease with greater levels of oxygenated blood in the dermis, which automatically increases intercellular activity and the skins’ regeneration process and reducing the appearance of fine lines and wrinkles.

Almost all professional ‘in-salon’ Microdermabrasion equipment works with a variable vacuum. The vacuum gently draws blood to the surface of the skin in a controlled manner, oxygenating the dermal blood. It also cleans out the pores and draws underlying debris to the surface, facilitating easier extraction.

Who can benefit from Microdermabrasion?

Take a close look at your skin. Does it feel fresh and as soft as you would like? Do you have age spots, acne or acne scarring? Is your skin dull, congested or thickened? Do you have fine lines or sun damaged skin? If so, then a professional microdermabrasion may be of real benefit to you.

How quickly should I expect to see results?

From the first treatment, you should notice a smoother skin texture and fewer prominent fine lines and wrinkles. A well-trained, professional technician should provide an accurate estimate of the number of treatments required, and a realistic estimation of achievable results.

Microdermabrasion is also a wonderful preparation procedure for other skin-care treatments like oxygen therapy, micro current and product infusion.

What can I expect after a treatment?

Depending on the exact nature of the treatment, you could expect the skin to feel and look slightly sensitive (similar to mild sunburn), and this may last for a period of a few hours to a few days.

Microdermabrasion is non-invasive, therefore discomfort is minimal and most normal activities can be resumed immediately. It is perfectly practical to have a microdermabrasion treatment at lunchtime and then return to work.

After a treatment, your technician should discuss the results with you and, in most cases, advise that the skin should be kept clean and lightly moisturised and protected from the sun with good sunscreen. They may also recommend a home-care routine between treatments.

To obtain optimum results from your treatments it is important to implement any home care program recommended by your therapist.



How much does it cost?

Microdermabrasion is affordable.

**Single
Treatment
\$99**

**3 Treatments
\$270
SAVE \$27**

**5 Treatments
\$450
SAVE \$45**

Combine your Microdermabrasion treatment with one of BeautyWell®'s specialised Facials for only \$50! - that's a saving of over \$40!

Combining Microdermabrasion with other treatments

To achieve maximum results, microdermabrasion should be immediately followed with a Prescribed FACIAL.

After Micro the skin is ready to deeply absorb concentrated serums, masks and moisturisers used from a facial.

The combination of these 2 treatments gives the skin maximum radiancy and luminosity.

A Facial and Micro combination is also a great saving - with the Microdermabrasion treatment discounted from \$99 to \$50.



So, what are the conclusions?

On a basic level most microdermabrasion treatments will leave your skin feeling softer and smoother but, as we have seen, professional microdermabrasion can be a very serious tool for skin management and anti-ageing services. However, like all such treatments, the results will be greatly influenced by the performance of the equipment and training of the technician.

Results will also depend on your commitment to the necessary course of treatments, with special attention to disciplinary management of the home-care regime between treatments.

— Why not try it? You have nothing to lose but your wrinkles! —

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